



# CONGREGATION MONTHLY NEWSLETTER



DEDICATE TO  
HIS DIVINE GRACE A.C. BHAKTIVEDANTA SWAMI PRABHUPADA  
FOUNDER ĀCĀRYA OF INTERNATIONAL SOCIETY FOR KRISHNA CONSCIOUSNESS (ISKCON)



# प्रेरणा

*Sharing the Best Practices*

A Monthly E-magazine from ISKCON Punjabi Bagh  
congregation with monthly highlights



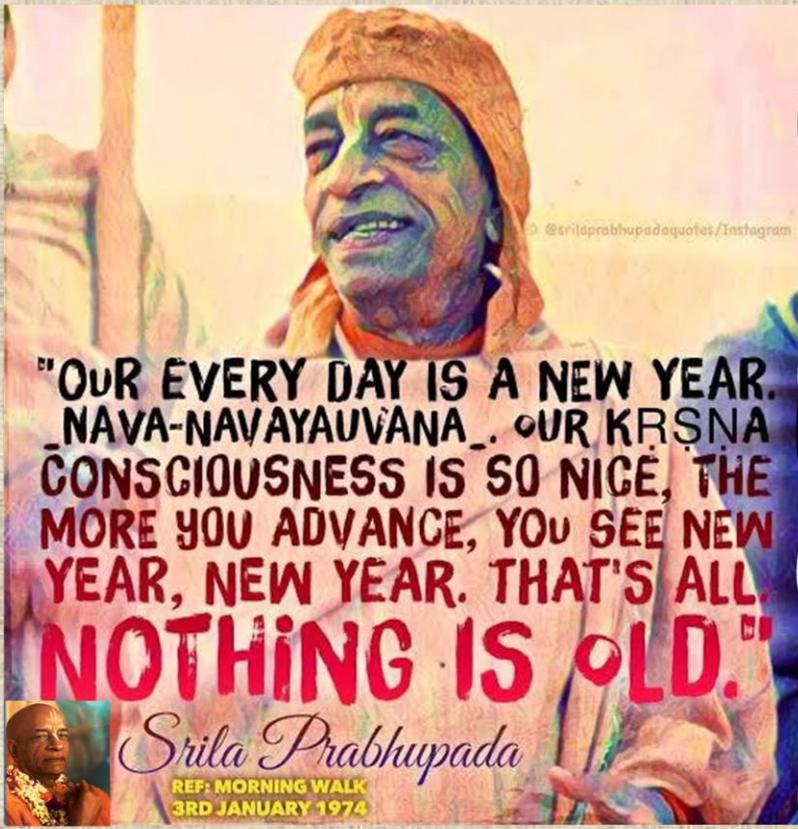
<b><u>Srila Prabhupada 's Nectarian Words</u></b>	<b>3</b>
<b><u>यादें (Srila Prabhupada' s Memories)</u></b>	<b>4</b>
<b><u>Achievements of Congregation</u></b>	<b>5</b>
<b><u>Gita Marathon</u></b>	<b>6</b>
<b><u>Spiritual Picnic &amp; Celebrations</u></b>	<b>12</b>
<b><u>Online Shastra Reading</u></b>	<b>13</b>
<b><u>Creative Preaching Method</u></b>	<b>14</b>
<b><u>New Ventures / Initiatives by Devotees</u></b>	<b>15</b>
<b><u>How I came to Krishna Consciousness ?</u></b>	<b>17</b>
<b><u>Devotee's Talent</u></b>	<b>18</b>
<b><u>Festivals (14<sup>th</sup> Feb to 14<sup>th</sup> Mar 2022)</u></b>	<b>19</b>

## Newsletter Editorial Team



For any queries or feedback/suggestion on this edition, please write to us at : [iskconpbcongregation@gmail.com](mailto:iskconpbcongregation@gmail.com)

# Srila Prabhupada 's Nectarian Words..



“Our every day is a New Year. Nava-navayauvana. Our Krishna consciousness is so nice, the more you advance, you see new year, near year. That’s all. Nothing old. People are saying that they are simply chanting the old slogan... Hare Krishna, but we are feeling new pleasure every moment. Take any other chanting, you cannot chant more than few hours. But the Hare Krishna Mahamantra mantra we can chant it perpetually. New enlightenment, how can we do that?”

Conversations :- Morning Walk – 3rd January 1974, Los Angeles

## CHANT

Hare Krishna Hare Krishna

Krishna Krishna Hare Hare

Hare Rama Hare Rama

Rama Rama Hare Hare

And be happy 😊 !!!



Listen to this morning walk conversation on YouTube

You  [https://www.youtube.com/watch?v=g1\\_yoN8CgK0](https://www.youtube.com/watch?v=g1_yoN8CgK0)



By His Holiness

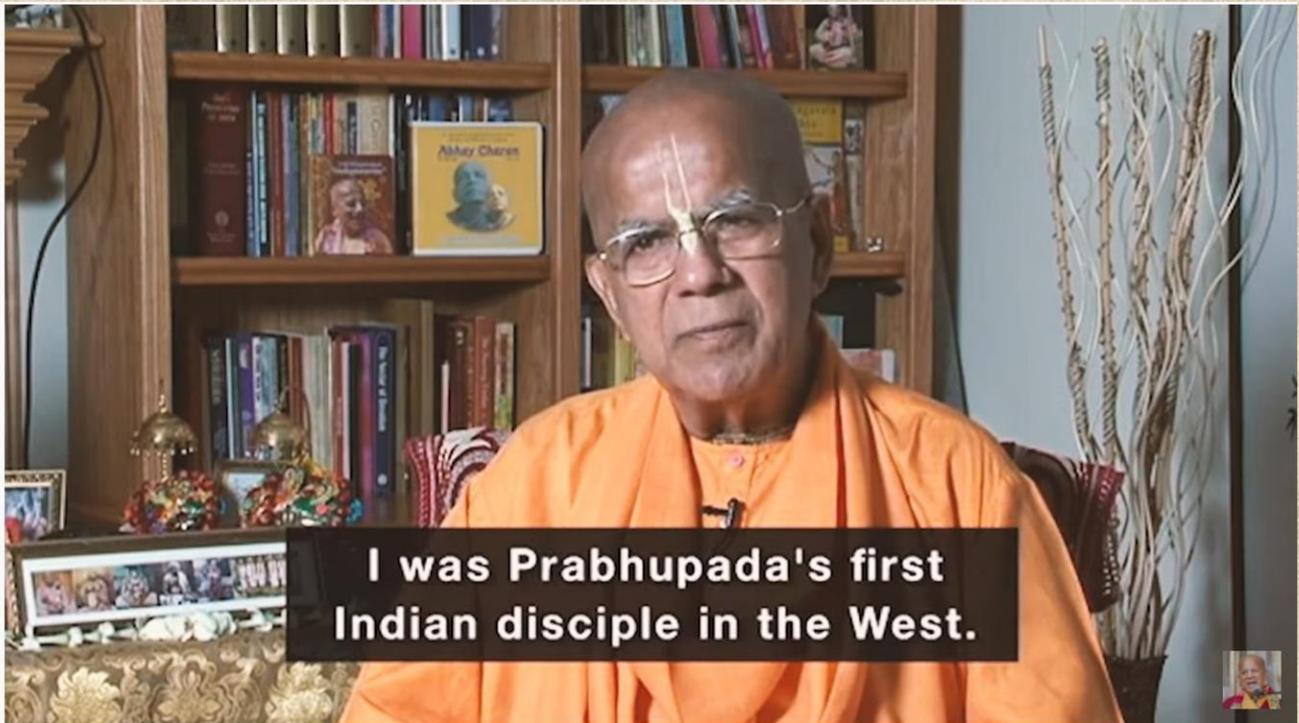
**Gopal Krishna Goswami Maharaj**

“I first came to an ISKCON temple on Labor Day weekend, 1967, in Montreal. I was studying in Toronto, and I had come for the weekend to visit Expo. And I casually asked one of my friends “Is there any Hindu temple in Montreal?” He said, “Yes! The Americans have opened some temple here. Why don’t you visit it?”

In May '68 I received a letter. “Our Swami is coming to Montreal on June 4<sup>th</sup>, 1968. Please come and meet him.” And the first assignment the temple president gave me was to clean Prabhupada’s apartment.

So, I had the privilege of meeting Prabhupada on June 1<sup>st</sup>, 1968. I could see that Prabhupada was a genuine saint. He quoted from the scriptures.

“I was Prabhupada’s first Indian disciple in the West. And Prabhupada had a strong desire to also preach to the Indians. He wanted them to take to Krishna Consciousness.”



Listen to this video on YouTube



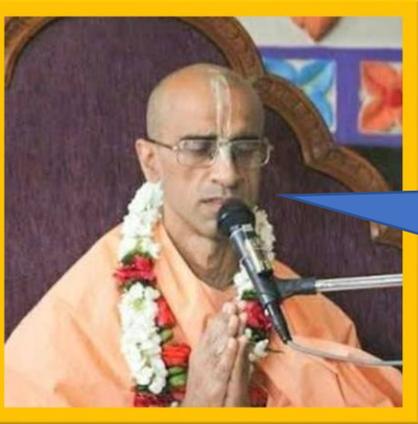
<https://www.youtube.com/watch?v=2IIH-6b9ONo>



## BHAGAVAD GITA MARATHON 2021 PROUD MOMENT



**ISKCON Punjabi Bagh Temple stood  
FIRST amongst the medium category temples**



we are very grateful to all the congregation devotees for their tireless effort in distributing Srila Prabhupada's books and taking a lead role in fulfilling the desire of our spiritual predecessors.

We are very glad to receive this privilege. This year we purchased a new book distribution vehicle, all the congregation devotees, Brahmacharis, and youth preachers are fired up.

These devotees were blessed with so many miracles while doing book distribution. This year while distributing on the roads even new devotees were able to distribute full cartons of Bhagavad Gita, Krishna book, and full Bhagwatam sets.

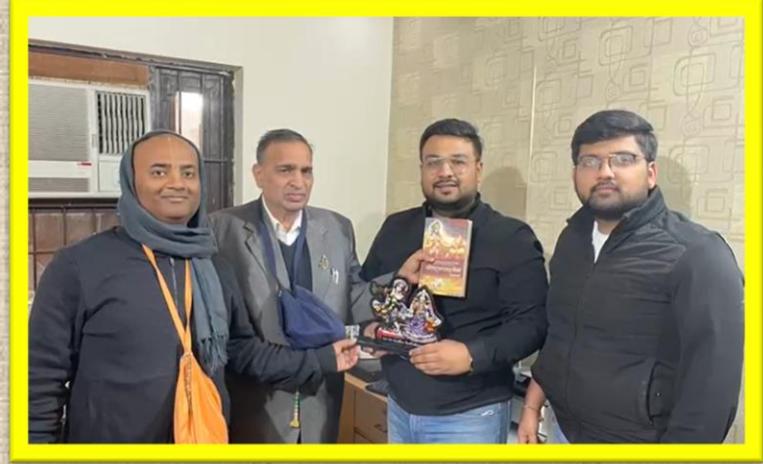
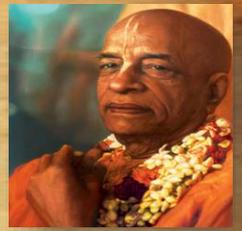
All this experience was very inspiring and purifying, so we need the blessings from Guru & Gauranga and all the Vaishnavas.



## WONDERFUL ACHIEVEMENT TOP BOOK DISTRIBUTOR

**All India individual Bhagavad Gita Book distribution positions**

- 6<sup>th</sup> Position HG Krishna Bhaav Prabhu Ji and HG Rakta Pran Prabhu Ji
- 7<sup>th</sup> Position HG Rasik Priya Prabhu Ji & HG Ashok Chaitanya Prabhu Ji



## Message by HG Krishna Bhaav Prabhu Ji to all BG book distributor

Prabhu Ji along with his younger brother HG Rakta Pran Das were inspired by senior devotees in the ISKCON Punjabi Bagh temple to do book distribution service. With the blessings of HH Gopal Krishna Goswami Maharaj, Prabhu ji has been able to distribute close to 50,000 Bhagavad Gita this year. Prabhu ji has created a very favourable environment in his office with full size Srila Prabhupada's quotes to inspire their client. Prabhu Ji cultivates donors throughout the year by gifting them Bhagavad Gita, Srila Prabhupada's Japa box, Shrimad Bhagwatam set, and inviting them to the various festivals in the temple. Prabhu ji always quotes shlokas from Bhagavad Gita and other Shastra to their client, highlighting the importance of spreading the knowledge of Bhagavad Gita. This year Prabhu ji was also able to get sponsorship from one of their Muhammadan clients.

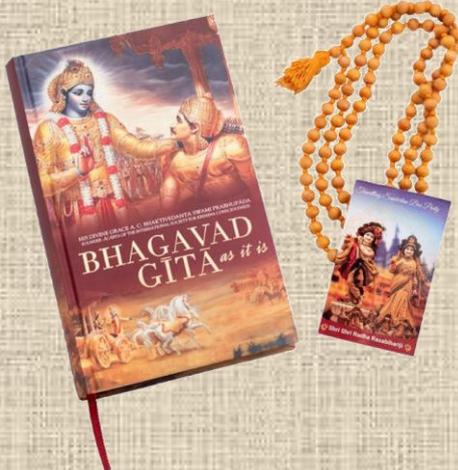
**“Have firm faith that, spreading the knowledge of Bhagavad Gita is most important service. Share your personal realisation with people you meet and connect them to the Lord”**



**“We should not feel shy or ashamed in engaging our relative and friends in the service of buying or sponsoring Bhagavad Gita .**

**If we leave our hesitation, then all the devotees can distribute 50,000 Bhagavad Gita every year.**

# Gita Marathon



**HG Rasik Priya Prabhu Ji and HG Ashok Chaitanya Prabhu Ji**

With the blessings of respected Guru Maharaj HH Gopal Krishna Goswami Maharaj and the guidance of senior devotees like HG Rukmani Krishna Prabhu Ji and HG Karuna Chand Prabhu Ji, this father and son duo has distributed more than 40,000 Bhagavad Gita by developing business contacts and cultivating them throughout the year.

## Message by HG Rasik Priya Prabhu Ji to all BG book distributor

“Always remember that Srila Prabhupada ‘s Bhagavad Gita will definitely benefit the person who is buying it”



“It is very essential to cultivate the Bhagavad Gita donors throughout the year by sending Darshan, Quotes, Prasad and inviting them to festival programs, thus forming strong bonds with the donor.

# Gita Marathon



## Hare Krishna Sunday School

On 26<sup>th</sup> Dec 2021, Hare Krishna Sunday School children participated in **Bhagavad Gita Book Distribution in the ISKCON Punjabi Bagh Temple**. Approximately 70 children from sub-junior group, junior group, and senior group together distributed around 37 Bhagavad Gita. After books distribution the children were engaged in various ecstatic Spiritual team building games, followed by scrumptious Prasadam.

While the children were enjoying a memorable day, the parents were engaged in a session with HG Seva Murti Radhika Mataji.





## First Books Distribution Experience

Study Group member of HG Geeta Mohini Mata Ji & HG Nishtha Bhakti Mataji



For **Jeetu Mataji**, the journey of book distribution started when Mataji attended an offline Vyuva class taken by HG Sunder Krishna Prabhu Ji. After listening to Prabhu Ji, Mataji got so inspired that she took a vow of distributing 108 Bhagavad Gita books. Mataji's full surrender to Lord Krishna and her constant endeavours, helped her distribute over 210 copies of Bhagavad Gita. Mataji said that distributing the knowledge of Lord Krishna is the most satisfying and pleasure giving service.

## First Books Distribution Experience

Bhakti Vriksha member of HG Adi Radha Mata Ji

Seema Kalra Mataji joined a new Bhakti Vriksha group and after being inspired by devotees, Mataji was able to distribute many copies of Bhagavad Gita by calling everyone from her phone contact.

Mataji found Bhagavad Gita distribution service very satisfying.





## **First Books Distribution Experience**

**Bhakti Vriksha of HG Abhinandan Gaur Prabhu Ji**



Deepti Mataji who had recently joined this Bhakti Vriksha group started doing one-to-one Bhagavad Gita distribution / preaching in her colony, and marketplaces. Mataji did this every day after her office hours. With strong determination and firm faith in Srila Prabhupada & Guru Parampara, Mataji has been able to distribute more than 60 books till date.

## **Distributing Srila Prabhupada 's mercy throughout the year**

**by member of Study Group of HG Gopi Priya Mataji**



Savitri Kripamayi Mataji works throughout the year in distributing Bhagavad Gita with her circle of influence. Some of Mataji' s contributions are as :

- ✚ Distributed Srila Prabhupada 's books in various Central Government offices worth Rs 25,000/- during Feb to Oct 2021
- ✚ Facilitated purchase of Srila Prabhupada' s books worth Rs 50,000/- by the Ministry of Education for distribution within 70 government libraries in South India.
- ✚ Facilitated 6 months subscription of Back to Godhead Magazine for 42 government libraries in South India.

# Gita Marathon



## **Book Distribution by Children**

**From Study Group of HG Jaya Murari Prabhu Ji**

Children from this study group together distributed 385 Bhagavad Gita Books. All Glories to our little Vaishnavas – **Bhakta Chaitanya Girdhar, Bhaktin Gaurangi Girdhar, Bhaktin Gamy Dewani, Bhaktin Mishika.**



**From Top Left : Bhaktin Gaurangi, Bhaktin Gamy,**

**Bhakta Chaitanya & Bhaktin Mishika**

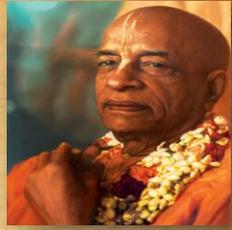
**HG Anil Gopinath Prabhu Ji and  
HG Narayani Madhuri Mataji,**  
until last year use to distribute 700 to  
800 Bhagavad Gita books. However, this  
year by the inspiration of senior  
devotees and blessing of Srila  
Prabhupada, they have been able to  
distributes over **3,800 Bhagavad Gita.**



**HG Anila Gopinath Prabhu Ji**

**HG Narayani Madhuri Mata Ji**

# Spiritual Picnic & Celebrations



## A Day well spend @ ISKCON ROHINI

By the Sector groups of HG Rasik Priya Prabhu Ji



On 26<sup>th</sup> Jan 2022 – Around 65 devotees from 4 Groups (Pratap Nagar Study Group, Gauri Prabhu Ji's Bhakti Vriksha Group, Shakti Nagar Bhakti Vriksha Group and Punjabi Bagh Bhakti Vriksha Group), went to ISKCON Rohini for a spiritual picnic. They visited the construction site of Rohini temple, then played various spiritual games, attended lecture by HG Keshav Murari Prabhuji, Arti/kirtan and honoured Prasadam.

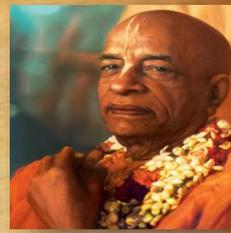
## Offline New Year Celebration

By Study Group of HG Rasik Mohan Prabhu ji & HG Priya Gaurangi Mataji

Offline New Year celebration, to welcome the new year with ecstatic Kirtan & dance, mouth-watering Prasadam, Bhagavad Gita reading with association of devotees.



# Online Shastra Reading

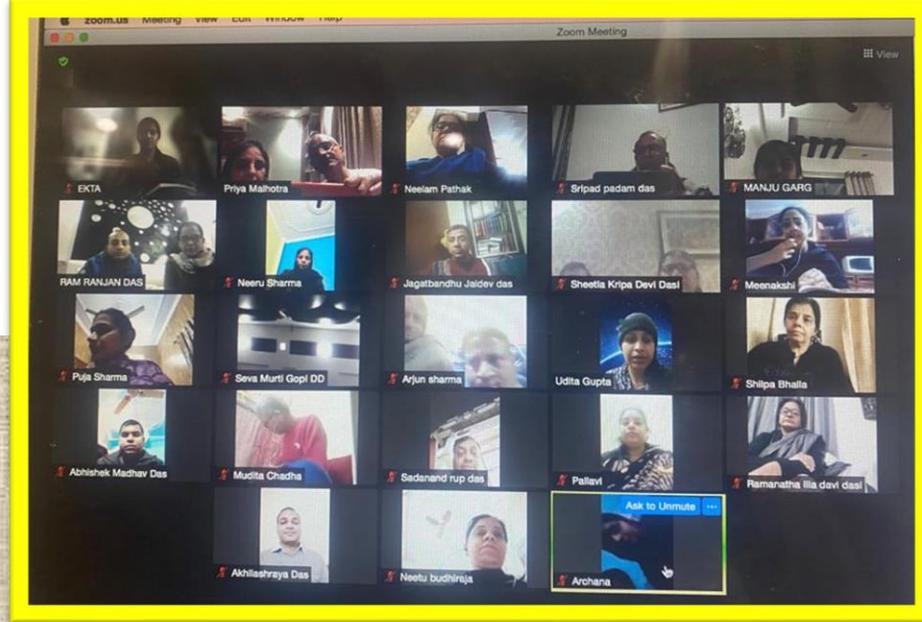


**By the Study Group of HG Rasik Mohan Prabhu ji & Her Grace Priya Gaurangi Mataji**

The enthusiastic devotees of this study group were able to complete the below shastra reading during lock down

- ✚ Krishna Book
- ✚ Nectar of Devotion
- ✚ Srila Prabhupada Lilamrita

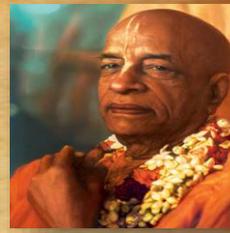
Currently they are reading  
**Śrī Īsopaniṣad**



**By Study Group of HG Geeta Mohini Mataji and HG Nishtha Bhakti Mataji**

In order to encourage devotees to read, **Vandana Gupta Mataji** started a combined Krishna book reading class for all the interested study group devotees. Along with reading, the devotees also discuss their understanding / realisation and take part in an interesting quiz at the end.





## Study Group of HG Anadi Achyuta Prabhu Ji and HG Pandav Sakhi Kripa Mataji

This study group started an interesting exercise to engage its member in Shastra reading. The devotees were assigned different topic to make presentation on and to take class on the same. This helped the devotees to develop confidence and a deep understanding of the Shastras. Some of the topics selected for the presentation were:

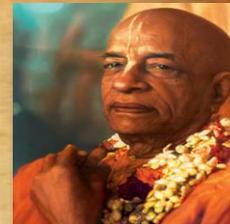
- + Vaishnava Etiquette,
- + Glories of Hari Naam
- + Tulasi worship



## Beginning of New Year with “Jaya Radha Madhav” @ JP Groups



**Abhinandan Gaur Prabhu ji** works at JP Groups. On 1<sup>st</sup> Jan 2022 the director of the company invited everyone to the park for a small get-together. There were around 100 employees, in order to welcome the new year, the director invited employees to sing a song. Suddenly Prabhu ji's heard his name and took this as an opportunity given to him by Guru and Gauranga to preach. Prabhu ji sang “Jai Radha Madhav..” and encouraged everyone to sing along. Everyone felt elated when singing the bhajan and they clapped hands while loudly chanting the Hare Krishna Mahamantra. Everyone was in complete ecstasy that day.



## Opening of COVID ICU ward with Hare Krishna Mahamantra

By member of Study Group of HG Ramanand Prem Prabhu Ji and HG Radharani Bhakti Mataji



Her grace Urmila Gaurangi Mataji was selected as an in-charge of the new ICU Covid ward in Safdarjung Hospital, Delhi. On the day of Inauguration, Mataji played Srila Prabhupada's Hare Krishna Kirtan and everyone chanted together.

## Prasadam Distribution in different areas within Delhi NCR

Member of Study Group of HG Sharnagati Prabhu Ji & HG Vrinda Mataji

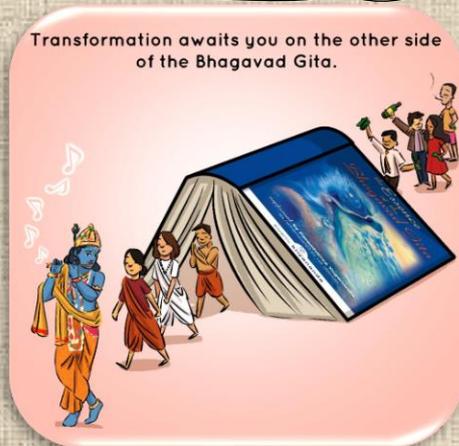
HG Subhatmak Prabhu Ji is doing a Food for Life program every day and distributes Prasadam at various places like old age home, hospitals, marketplaces. While distributing Prasadam, Prabhu Ji also plays loud kirtan which attracts a lot of people. Through the transcendental Prasadam (mercy of the Lord) and Harinaam Sankirtan, a lot of people are connected with the temple.





## Weekly Bhagavad Gita Reading Class

By Study Group of HG Nishtha Bhakt Mataji & HG Geeta Mohini Mataji



On the request of all the devotees, Yachna Mataji started with an on weekly Bhagavad Gita reading class. Along with reading the group also does a discussion on each Shloka with question and answer at the end.

## Online Navdvipa Mandal Parikrama

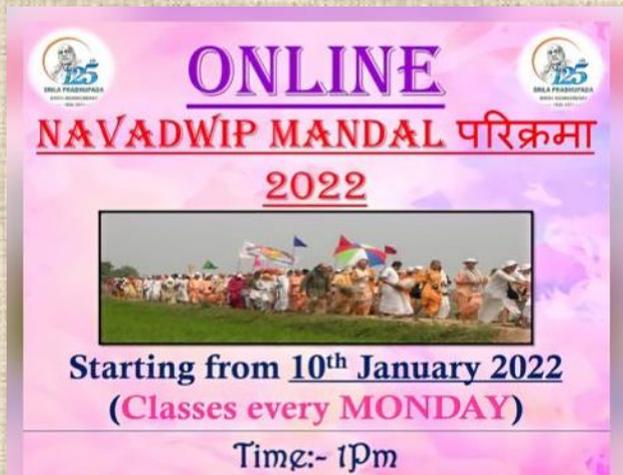


Parikarma of Antar dvipa 🌟: The Birth Place of Gauranga 🌟 Navadwip Mandal Parikarma  
507 views • Streamed live on Jan 17, 2022

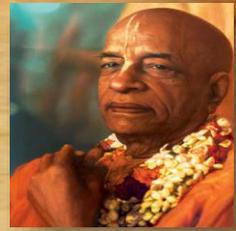
NITAI PRIYA TEAM  
230 subscribers

SUBSCRIBED

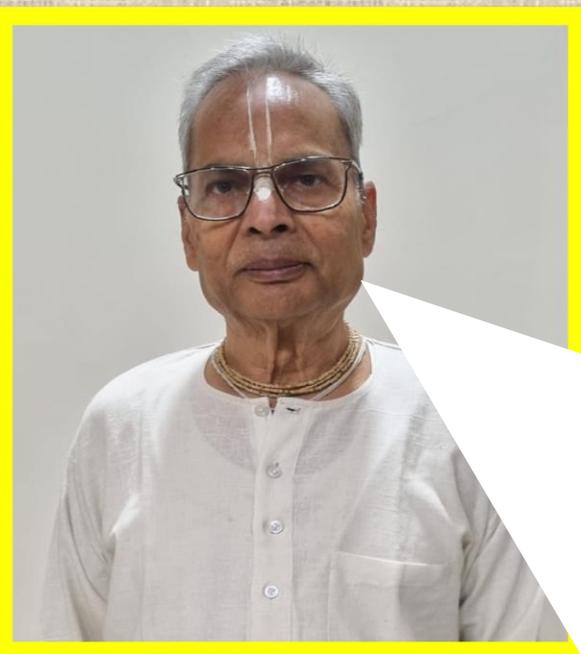
Under the guidance of HG Geeta Mohini Mataji and HG Nishtha Bhakti Mataji the talented Nitai Priya team, started with an online Navdeep Mandal Mansik Parikrama 2022. This online parikrama is done with the help of power packed presentations, mesmerising Dham Darshan videos, followed by summary of the day and brain teaser quiz at the end. The online class is attended by more than 100 devotees and is being accessed by many more devotees all over the world through YouTube.



# How I came to Krishna Consciousness ?



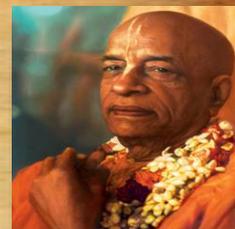
## **HG Rasik Priya Prabhu Ji** From Entrepreneur to Preacher



Due to sanskar given by my parents, I used to read Bhagavad Gita, Ramayana, and other spiritual books from a very early age. In the year 2003, I was blessed to have the association of devotees from ISKCON Punjabi Bagh, and being inspired by the devotees I started attending the temple programs. By the year 2008, I started serving in various capacities in the temple and by the mercy of Guru and Gauranga, I got initiated in the year 2014. During the first 3 months of COVID lockdown, we started doing kirtan in our balcony, which was appreciated a lot by everyone. Later we started online classes (with Kirtan and Narsingh Dev Arti) to engage everyone. Thereafter we also started an online 7-day session for which we received around 1,000 registrations and more than 500 people attended the first session taken by HG Rukmini Krishna Prabhu Ji. Later from this 7-day session, 2 Bhakti Vriksha Groups have started.

**Prabhu ji is a Sector leader, heading many Bhakti Vriksha and Study Groups. Prabhu Ji came amongst the top 10 Bhagavad Gita Book distributors in India. He is also a member of the festival committee. Prabhu Ji's firm determination to serve, despite of adverse material situations is an inspiration for our entire congregation.**





### Offering to Srila Prabhupada

By HG Krishna Charan Priya Mata Ji



जीवन के लक्ष्य से थे हम अनजान।

हे प्रभुपाद ! आपकी अहेतुकी कृपा से मिला हमें यह ज्ञान ॥

आपकी कृपा से दूर हुए सब भ्रम।

भौतिक जीवन में सुख नहीं। यह सोचने पर मजबूर हुए हम ॥

साकार निराकार का अंतर आपने बता दिया।

क्या सही है, क्या गलत, यह आपने समझा दिया ॥

ज्ञान, कर्म और योग की थी मुश्किल डगर बहुत।

पर आपने तो भक्ति योग का सरल मार्ग बता दिया ॥

क्या गोरा क्या काला, अंग्रेजी या अफ्रीकी ।

पर आपने तो सब का घर एक बना दिया ॥

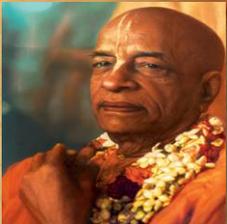
**ART OF LIVING** तो सिखाते हैं बहुत लोग।

पर आपने तो मरना भी सरल बना दिया ॥

**All Glories to Srila Prabhupada.**

# Festivals

(14<sup>th</sup> Feb to 14<sup>th</sup> Mar 2022)



## FEBRUARY 2022

SUN	MON	TUE	WED	THU	FRI	SAT
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	1	2	3	4	5

www.GrabCalendar.com

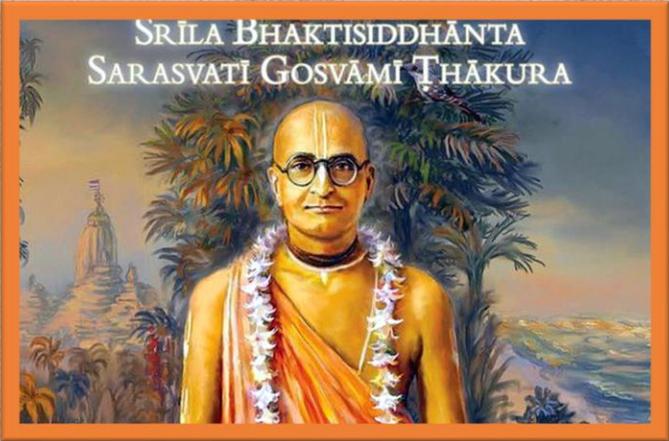
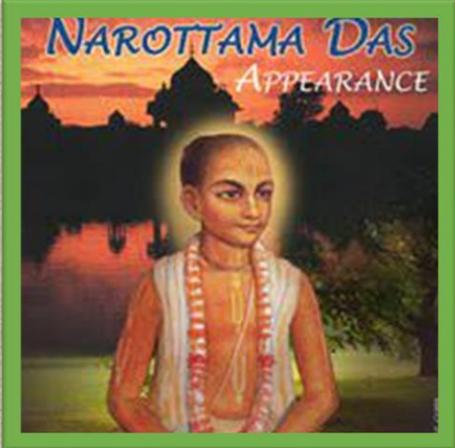
**14<sup>th</sup> February 2022**

✚ Nityanand Triyodashi  
Appearance Day of Lord Nityananda



**16<sup>th</sup> February 2022**

✚ Srila Narottama Dasa Thakur Appearance  
✚ Sri Krishna Madhura Utsava



**21<sup>st</sup> February 2022**

✚ Sri Purushottama Dasa Thakur Disappearance  
✚ Srila Bhaktisiddhanta Sarasvati Thakur Appearance

# Festivals

(14<sup>th</sup> Feb to 14<sup>th</sup> Mar 2022)



## MARCH 2022

SUN	MON	TUE	WED	THU	FRI	SAT
27	28	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2

www.GrabCalendar.com

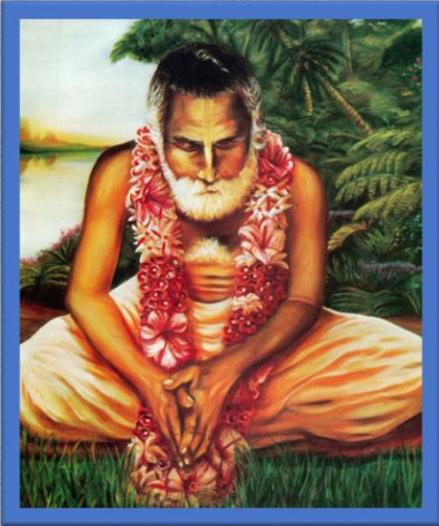
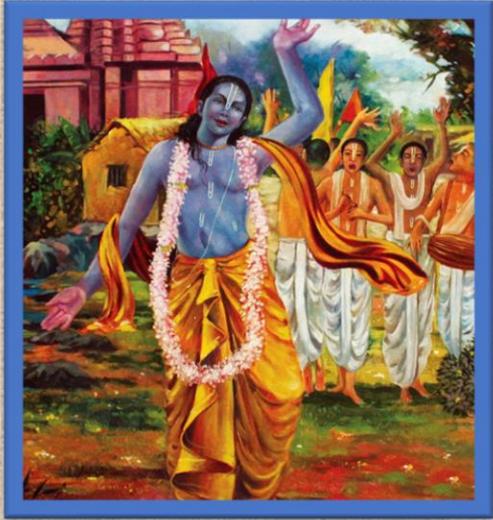
## Ekadashi

**27<sup>th</sup> Feb 2022** – Vijaya Ekadashi  
**Fast breaking time**  
 28<sup>th</sup> Feb 2022 – 6:45 AM to 10:36 AM

**14<sup>th</sup> Mar 2022** – Amalaki Ekadashi  
**Fast breaking time**  
 15<sup>th</sup> Mar 2022 – 6:29 AM to 10:29 AM

## 3<sup>rd</sup> March 2022

- ✚ Sri Rasikananda Disappearance
- ✚ Srila Jagannatha Dasa Babaji Disappearance



## 16<sup>th</sup> March 2022

✚ Sri Purushottama Dasa Thakur Appearance

